

Useful Contacts in Prosper Fingal:

Complaints Officer

Geraldine Doyle

Prosper Fingal

Strand Street

Skerries



01 8490915

Designated Officer

Mary Murphy

Prosper Fingal

Seatown Rd.

Swords

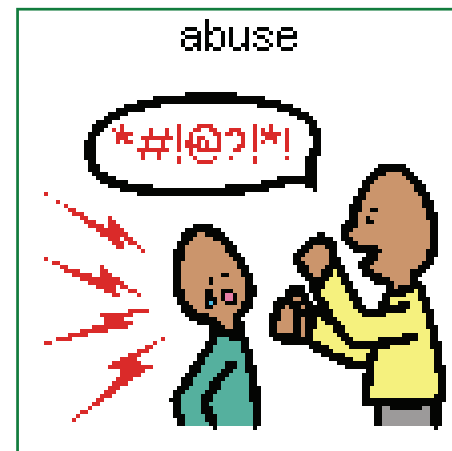


01 8955600

The phone number of your local Garda
Station: _____

 PROSPER FINGAL

Say **'No'** to Abuse and Neglect!



Information Leaflet for Service Users

March 2009

What is Abuse and Neglect?

Abuse is when someone:



Hurts your body



Hurts your feelings



Uses your money without your permission

Neglect is when someone who is supposed to care for you **doesn't give you** what you need. For example:



What happens next?



There might be changes to your service or activities



Prosper Fingal will do as much as possible to make sure the abuse or neglect doesn't happen again

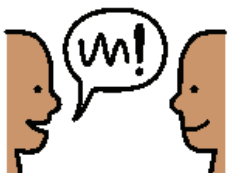


The Gardaí might have to be told if the abuse or neglect is serious

Say **no** to abuse and neglect

You will not get in trouble if you report abuse or neglect. Do not keep it a secret.

What happens then?



A staff member called the Designated Officer will be told about the abuse or neglect



She will set up a group of staff to investigate the abuse or neglect



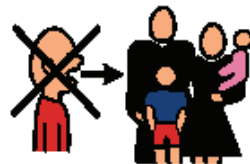
She will write in a report what should happen to stop the abuse or neglect



You will be asked what *you* would like to happen

Everything you say will be kept private.

Some Examples of Abuse



Not being allowed to talk to your family or friends

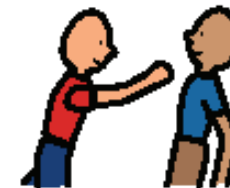


Being threatened or frightened



Making you feel small or insulting you

Hurting your body:



Abuse can be Sexual

Making you do sexual things that you don't want to do. For example:



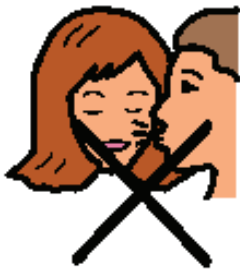
Making you look at sexual pictures when you don't want to



Touching you when you don't want to be touched

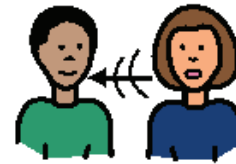


Saying things you don't want to hear about sex, like rude jokes



Trying to kiss you or have sex with you when you don't want to

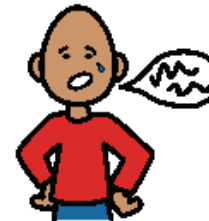
What do I do if I'm being abused or neglected?



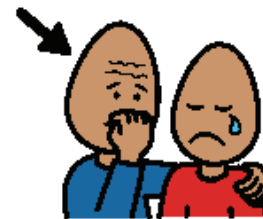
Tell someone you trust



You can bring this leaflet with you to help explain what has happened



Make a complaint



Tell someone if you see another person being abused or neglected

Where does abuse and neglect happen?

They can happen anywhere.



Home



Community



Work

 **PROSPERFINGAL** Services

People try to hide abuse. They might try to treat you badly in a quiet place or when you are alone.

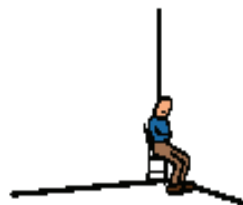
Some Examples of Neglect



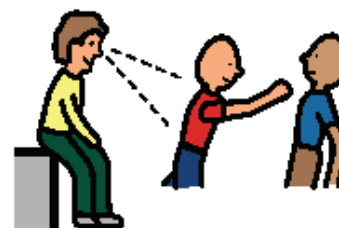
Leaving you dirty when you need help to wash



Not giving you your medicine when you need help to take it



Locking you in a room or leaving you on your own for a long time



Knowing you are being abused or neglected and not doing anything to stop it

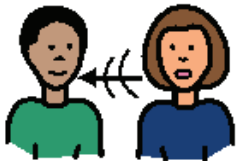
Abuse and neglect is wrong!



People who have been abused or neglected might feel nervous or scared.

It is not your fault. You should not keep it a secret even if the person threatens you.

All people have a **right** to be free from abuse and neglect



You should tell some one you trust if you are being abused or neglected

Who can abuse or neglect?

Anyone can abuse or neglect. It can be:



Friends

 PROSPERFINGAL Services



Staff



Strangers



Family